Pastrami on Wry
a Sandwich Shop
### STARTERS

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Meatballs Sliders (3)</strong></td>
<td>Housemade meatballs, topped with provolone, parmesan cheese, marinara sauce</td>
<td>7.25</td>
</tr>
<tr>
<td><strong>Loaded Sweet Potato Fries</strong></td>
<td>Cheddar, Chipotle sauce, Housemade Guacamole, Salsa</td>
<td>7.25</td>
</tr>
<tr>
<td><strong>Giant Soft Stadium Pretzel</strong></td>
<td>Beer Cheese Sauce, Spicy Mustard</td>
<td>7.25</td>
</tr>
<tr>
<td><strong>Bacon Cheddar Ranch Fries</strong></td>
<td>Crisp Shoestring Fries, Cheddar, Chopped Bacon, Housemade Buttermilk Ranch</td>
<td>6.75</td>
</tr>
<tr>
<td><strong>Mac &amp; Cheese Bites</strong></td>
<td>Bite sized Mac, Breaded, Chipotle Sauce</td>
<td>6.25</td>
</tr>
<tr>
<td><strong>PoW Wings</strong></td>
<td>Choice of Classic Buffalo or Honey BBQ, Buttermilk Ranch, Celery</td>
<td>7.75</td>
</tr>
<tr>
<td><strong>Bacon &amp; 3-Cheese Quesadilla</strong></td>
<td>Housemade Guacamole, Salsa, Chipotle Sauce</td>
<td>7.50</td>
</tr>
</tbody>
</table>

### Salads

**Served with Cheese Bread & Whistle Sticks**

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PoW House</strong></td>
<td>Mixed Greens, Tomato, Cucumber, House Dressing, Craisins</td>
<td>4.75</td>
</tr>
<tr>
<td><strong>Caesar</strong></td>
<td>Chopped Romaine, House Croutons, Parmesan Cheese</td>
<td>5.50</td>
</tr>
<tr>
<td><strong>California Cobb</strong></td>
<td>Mixed Greens, Grilled Chicken, Chopped Bacon, Bleu Cheese Crumbles, Hard Boiled Egg, Tomato, Avocado, Choice of Dressing</td>
<td>10.50</td>
</tr>
<tr>
<td><strong>Black &amp; Blue &amp; Yellow</strong></td>
<td>Mixed Greens, Blackened Chicken, Marinated tomatoes, Chopped Bacon, House Dressing, Bleu Cheese Crumbles, Cheddar Cheese</td>
<td>10.50</td>
</tr>
</tbody>
</table>

**Southern Fried Chicken Wedge**

Wedge of Iceburg Lettuce, Buffalo Crisp Chicken Tenders, Hard Boiled Egg, Tomato, Chopped Bacon, Cheddar, Buttermilk Ranch | 10.25 |

**Cheeseburger Salad**

Mixed Greens, Burger Patty*, Tomato, Shredded Cheddar, Creamy Bleu Cheese Dressing, Pretzel Croutons | 10.00 |

**PoW Sundae Salad**

Mixed Greens, Topped with a Scoop of House made Chicken Salad, Tuna Salad and Potato Salad, Tomato, Red Onion, House Dressing | 10.75 |

### Soups

**Housemade Soups**

<table>
<thead>
<tr>
<th>Item</th>
<th>Cup / Bowl</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Chicken Noodle</strong></td>
<td>4.75</td>
<td>6.00</td>
</tr>
<tr>
<td><strong>Tomato Cheddar Bisque</strong></td>
<td>4.75</td>
<td>6.00</td>
</tr>
<tr>
<td><strong>Southwest Chili</strong></td>
<td>5.75</td>
<td>7.00</td>
</tr>
<tr>
<td><strong>Soup of the Day</strong></td>
<td>4.75</td>
<td>6.00</td>
</tr>
</tbody>
</table>

Also Available To-Go by the Quart!

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Soup</strong></td>
<td>9.00</td>
</tr>
<tr>
<td><strong>Chili</strong></td>
<td>11.00</td>
</tr>
</tbody>
</table>

**PoW Soup COMBO**

**House or Caesar & Soup** | 9.00 |

**Grilled Ham & Cheddar with Tomato Cheddar Bisque** | 10.50 |
All Sandwiches and Wraps Served with Crisp Half-Sour Pickle & Choice of 1 Side.

(Sub Pretzel Bun 1.25, Gluten Free Bun or Bread 2.25)

Texas-Arizona Chicken
Chili-Lime Grilled Chicken, Bacon, Melted Cheddar, Housemade Guacamole, Chipotle Sauce on Texas Toast | 9.50

The Cubano
Ham, Roasted Pulled Pork, Genoa Salami, Swiss Cheese, Pickle, Spicy Mustard, Pressed Hoagie Roll | 9.50

Triple Roasted Beef on Wry
House Roasted Beef, Beer Braised Onions, Roasted Red Pepper, Provolone, Roasted Garlic Mayo, Lettuce, Tomato, Grilled Rye Bread | 9.25

Pretzel Pastrami
Hot Pastrami, Cheddar Cheese, Lettuce, Tomato, Red Onion, Creamy Horseradish Mustard, Pretzel Bun | 9.50 Add Bacon .75

Bruschetta Chicken
Herb-Grilled Chicken Breast, Tomato Bruschetta Topping, Provolone, Roasted Garlic Mayo, Focaccia Roll | 9.50

PoW Ultimate BLT
Grilled Sourdough, Mayo, Cheddar, Lettuce, Tomato, Bacon
Add: House Roasted Turkey, Chicken Salad, or Tuna Salad 1.00, Cheese .50 | 8.50

PoW Pastrami on Wry
Hot Pastrami, Swiss Cheese, Spicy Mustard, Grilled Rye Bread | 9.50

PoW Melt
Choice of House made Chicken Salad or Tuna Salad, Melted American Cheese, Bacon, Lettuce, Tomato, Honey Mustard, Grilled Pretzel Bun | 9.50

BBQ Pulled Pork
House Roasted Pulled Pork, Smoked BBQ Sauce, Peppers, Pickled Onions, Cheddar Cheese, Grilled Texas Toast
Add: Signature Slaw .50 | 9.50

Reubens & Rachels
Choice of Corned Beef, Pastrami, Turkey or Roast Beef. Both with Housemade 1000 Island, Imported Swiss on Grilled Rye
Reubens made with Sauerkraut Rachels made with Signature Slaw | 9.75

PoW Philly
Grilled Shaved Ribeye, Mushrooms, Peppers, Onions, American Cheese on a Hoagie Roll | 10.25

The Manchester Road Race
Warm House Roasted Turkey, Avocado, American Cheese, Baby Spinach, Tomato, Cranberry Mayo on Focaccia | 9.75

Meatball Grinder
House made Meatballs, Provolone, Marinara, Roasted Red Peppers, Hoagie Roll | 9.50

PoW Egg Salad
House made Egg Salad, American Cheese, Lettuce, Tomato on Grilled Sourdough | 7.00

PoW Grilled Cheese
American and Cheddar Cheese, Tomato on Grilled Sourdough | 8.50

Pretzel Grilled Chicken
Herb Grilled Chicken, American Cheese, Lettuce, Tomato, Bacon, Honey Mustard on Pretzel Bun | 9.50

Triple Decker LI Express
Housemade Roast Beef, Oven Roasted Turkey, Pastrami, Swiss, Signature Cole Slaw, Provolone, 1000 Island, Grilled Rye Bread | 11.00

Belly Busters Served with Choice of 2 Sides

Rockafella
Our Belly Busting Version of a Reuben with Corned Beef and Pastrami, Grinder Roll | 11.75

Pastrami & Corned Beef Melt
Pastrami and Corned Beef Piled High, Yellow Mustard, Pickle, Provolone, American, Grilled Grinder Roll | 11.25

P.S. I Luv U
Salami, Ham, Smoked Turkey, Roast Beef, Provolone, American, Swiss, Lettuce, Tomato, Peppers, Mayo, House Dressing, Grinder Roll | 13.25

THOROUGHLY COOKING MEAT, POULTRY, SEAFOOD, SHELLFISH AND EGGS REDUCES THE RISK OF FOOD BORNE ILLNESS
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### Burgers & Dogs

Our Ground Beef is Ground Fresh Daily

All Burgers & Dogs Served with Crisp Half-Sour Pickle & Choice of 1 Side.

Substitute Pretzel Bun 1.25, Gluten Free Bun 2.25

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**Turkey Sierra**
House-Roasted Turkey Breast, Lettuce, Tomato, Chipotle Sauce, Cheddar, Avocado, Wheat Wrap  | 9.00

**Pretzel Burger**
Bacon, Mushrooms, Swiss Cheese, Spicy Mustard, Pretzel Bun  | 9.00

**Manchester Express Dog**
10" Bogner All Beef Hot Dog, Chili, Cheddar, N.E. Style Hot Dog Bun  | 8.00

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**Traditional Burger**
Cheddar, Grilled Onions, Lettuce, Tomato, Potato Sticks  | 9.00

Add Bacon  | 1.50

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**The Warren Knoll Burger**
1 Over Easy Egg*, Grilled Onions, Bacon, Kaiser Roll  | 10.00

**BBQ Bacon Burger**
American Cheese, Bacon, Smokey BBQ Sauce, Ranch Dressing, Kaiser Roll  | 9.25

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**Patty Melt Burger**
Swiss on the Top, American on the Bottom, Grilled Onion, House 1,000 Island, Grilled Rye  | 9.25

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**BBQ Bacon Burger**
American Cheese, Bacon, Smokey BBQ Sauce, Ranch Dressing, Kaiser Roll  | 9.25

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**Grilled Wraps**

**C-A-BLT**
Bacon, Lettuce, Tomato, Avocado, American Cheese, Mayo, Spinach Wrap  | 9.25

**Manchester Cheese Steak**
Grilled Shaved Ribeye, Mushrooms, Peppers, Onions, American Cheese, Wheat Wrap  | 9.50

**Horsey Roast Beef**
House Roasted Beef, Horseradish, Grilled Red Onion, Swiss, Lettuce, Tomato, Spinach Wrap. Served Hot or Cold  | 9.00

**Julio Caesar Wrap**
Grilled Chicken, Chopped Bacon, Chopped Romaine, Tomato, Parmesan Cheese, Caesar Dressing, Spinach Wrap  | 10.00

**Vegetable Wrap**
Spinach, Tomato, Cucumber, Raw Onion, Broccoli, Mushroom, Wheat Wrap  | 9.00

**Corned Beef & Pastrami Randle**
Corned Beef, Pastrami, Provolone, Slaw, Swiss Cheese, Spinach Wrap  | 9.50

**Ingredients:**
- Turkey
- Roast Beef
- Horseradish
- House Roasted Turkey
- Chopped Bacon
- Buffalo Sauce
- Buttermilk Ranch
- Cheddar
- Lettuce
- Tomato
- Spinach
- Mayo
- Chipotle Sauce
- Avocado
- Red Onion
- Swiss
- Mayo
- Walnuts
- Chopped Romaine
- Parmesan Cheese
- Caesar Dressing
- Spinach
- Wheat Wrap

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**Choice of Sides**
1 included with Sandwiches, Dogs, Burgers & Wraps
2 with Belly Busters

**A La Carte**  | 1.25

- Red Bliss Potato Salad
- Macaroni Salad
- House Made Potato Chips
- Marinated 4-Bean Salad
- POW's Vinegar Slaw
- Half-Sour Pickles
- Baked Mac & Cheese..5.00
- Fruit Salad..................2.00

**Fries**

Plain .............................................................. 3.25
Garlic Parmesan ................................. 3.75
Cool Ranch ........................................... 3.75
Cajun ............................................. 3.75
Sweet Potato with Cranberry Mayo ....... 4.25
Onion Rings............................................. 5.25

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THOROUGHLY COOKING MEAT, POULTRY, SEAFOOD, SHELLFISH AND EGGS REDUCES THE RISK OF FOOD BORNE ILLNESS
**VEGETABLE MADNESS**
Egg Whites, Broccoli, Tomato, Spinach, Green Peppers, Mushrooms, Salsa | **8.50**

**CB HASH**
Crisp Chicken, Ham, Swiss, Mozzarella, Honey Mustard | **8.00**

**CORDON BLEU**
Crisp Chicken, Ham, Swiss, Mozzarella, Honey Mustard | **8.00**

**SOUTHWEST SCRAMBLE**
3 Eggs, Green Peppers, Grilled Onion, Cheddar, Jack Topped with Avocado and Salsa | **8.00**

**CORNED BEEF & 3 CHEESE**
Shredded Corned Beef, Mozzarella, Swiss, American | **8.50**

**TRIPLE MEAT SCRAMBLE**
3 Eggs, Bacon, Ham, Sausage, American Cheese | **8.00**

**DENVER**
Ham, Green Pepper, Grilled Onion, American | **7.50**

**THE JR**
5 Egg Whites, Topped with 2 Over-Easy Eggs* | **8.00**

**CRISPY CHICKEN & AVOCADO**
Shredded Crispy Chicken, Bacon, Mozzarella, Avocado | **8.00**

**RED POTATO**
Roasted Red Potatoes, Broccoli, Bacon, Cream Cheese, Ranch Dressing | **7.75**

**Egg Beaters, Shredded Turkey, Turkey Bacon, Lite Cheddar, Tomato, Guacamole** | **8.00**

**POLISH PRINCESS**
Janik Kielbasa, Swiss, Crisp Hash | **7.75**

**SPINACH, BROCCOLI & FETA**
Tomato, Spinach, Broccoli, Feta | **7.50**

**BTSS**
Bacon, Tomato, Spinach, Swiss | **7.50**

**EGGS**
1 egg ....... 3.50  3 eggs .... 5.25  4 eggs .... 6.00 Any Style*
with Toast & Hash Fries Sub Fruit for Hash | .75

**POW PANCAKE HOUSE-FLUFFY BUTTERMILK PANCAKES**

<table>
<thead>
<tr>
<th>Flavors</th>
<th>Short Stack</th>
<th>Full Stack</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plain</td>
<td>3.50</td>
<td>6.00</td>
</tr>
<tr>
<td>Reese's Peanut Butter</td>
<td>4.25</td>
<td>6.50</td>
</tr>
<tr>
<td>Chocolate Chip Cookie</td>
<td>4.25</td>
<td>6.50</td>
</tr>
<tr>
<td>Cinnamon Sugar &amp; Apple</td>
<td>4.25</td>
<td>6.50</td>
</tr>
<tr>
<td>Double Blueberry</td>
<td>5.00</td>
<td>8.00</td>
</tr>
<tr>
<td>Elvis (Banana, Chocolate, Peanut Butter)</td>
<td>4.25</td>
<td>6.50</td>
</tr>
<tr>
<td>Strawberry Banana</td>
<td>5.00</td>
<td>8.00</td>
</tr>
<tr>
<td>Chocolate Chip</td>
<td>4.25</td>
<td>6.50</td>
</tr>
<tr>
<td>Caramelized Banana</td>
<td>4.25</td>
<td>6.50</td>
</tr>
</tbody>
</table>

**FRENCH TOAST**

<table>
<thead>
<tr>
<th></th>
<th>one</th>
<th>three</th>
</tr>
</thead>
<tbody>
<tr>
<td>Texas Toast</td>
<td>2.50</td>
<td>7.25</td>
</tr>
<tr>
<td>Berry Galore</td>
<td>3.50</td>
<td>9.00</td>
</tr>
<tr>
<td>Stranos’ Cinnamon Raisin</td>
<td>2.75</td>
<td>6.75</td>
</tr>
<tr>
<td>Banana’s Foster</td>
<td>3.00</td>
<td>8.00</td>
</tr>
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Pastrami’s Hashes
Crispy Grilled Housemade Custom Hashes, 2 Eggs Any Style*, Choice of Toast

**Traditional Corned Beef**
Chopped Corned Beef, Potatoes, Peppers & Onions | 9.00

**Turkey & Apple**
Our Hash Blend, Shredded Roasted Turkey, Caramelized Apples, Cheddar Cheese | 9.00

**Veggie**
Our Hash Blend, Broccoli, Mushroom, Peppers, Sliced Tomato, Sautéed Spinach | 8.25

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**Breakfast Sandwiches & Things**
Served with “Hash Fries”
Sub Fruit for Hash | 1.50

**Monte Cristo**
Fried Egg*, Maple Syrup, Ham, Swiss, Texas Toast, Battered & Fried | 8.00

**Cross Southie**
2 Fried Eggs *, Corned Beef Hash, Swiss, Grilled Rye | 7.50

**Avocado & Turkey Bacon Wrap**
Scrambled Egg Whites, Turkey Bacon, Cheddar, Avocado, Wheat Wrap | 8.00

**Breakfast Pretzel**
2 Egg Omelet, Sausage, Bacon, Cheddar, Grilled Pretzel Bun | 7.75

**Breakfast Pastrami on Wry**
Pastrami, Fried Eggs*, Swiss Cheese, Grilled Rye | 7.75

**Breakfast Wrap**
Scrambled Eggs, Cheddar Cheese, choice of Bacon or Sausage, Salsa, Wheat Wrap
Make it a Santa Fe Ranchero with Chipotle, Chili, Guacamole, Sour Cream-1.50 | 8.90

**Cross Bronx**
Fried Eggs*, Crisp Hash, Cheddar, Ham, Asiago Bagel | 7.75

**Breakfast BBBBLT**
Fried Eggs*, Crisp Hash, Cheddar, Ham, Asiago Bagel | 8.50

**Hungry-Man-Chester**
3 Eggs*, Bacon, Sausage, Texas-Style French Toast, Pancake, “Hash Fires”, Toast | 10.00

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**Extra’s**
Corned Beef Hash ……….4.25
Bacon ..........................3.00
Sausage Links …………. 3.00
Crisp Virginia Ham ……… 3.00
Hash Fries ………………. 1.50
Turkey Bacon ………………..3.00
Turkey Sausage …………. 3.00
Kielbasa ………………. 4.00
Avocado ………………. 1.50
1 Egg* ……………………..1.00
2 Eggs* ……………….... 1.75
Fruit ……………………. 3.50

**Egg Sandwich** $6.50
2 Eggs Any Style*, Choice of Meat
(Bacon, Sausage, Ham, Turkey), Cheese, And Bread or Grilled Wrap

**All Omelets, Eggs, Hashes & The Hungry-Man-Chester**
COME WITH CHOICE OF TOAST, WHEAT, RYE, WHITE, RAISIN
0.75 EXTRA ENGLISH MUFFIN, GRILLED HARD ROLL, GRILLED
ASIAGO BAGEL WITH CREAM CHEESE, PRETZEL BUN

GLUTEN FREE BUN OR BREAD $2.25

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