

Pastrami on Wry



a Sandwich Shop



STARTERS

Meatballs Sliders (3)

Housemade meatballs, topped with provolone, parmesan cheese, marinara sauce | **7.25**

Loaded Sweet Potato Fries

Cheddar, Chipotle sauce, Housemade Guacamole, Salsa | **7.25**

Giant Soft Stadium Pretzel

Beer Cheese Sauce, Spicy Mustard | **7.25**

Bacon Cheddar Ranch Fries

Crisp Shoestring Fries, Cheddar, Chopped Bacon, Housemade Buttermilk Ranch | **6.75**

Mac & Cheese Bites

Bite sized Mac, Breaded, Chipotle Sauce | **6.25**

PoW Wings

Choice of Classic Buffalo or Honey BBQ, Buttermilk Ranch, Celery | **7.75**

Bacon & 3-Cheese Quesadilla

Housemade Guacamole, Salsa, Chipotle Sauce | **7.50**

Salads

Served with
Cheese Bread & Whistle Sticks

PoW House

Mixed Greens, Tomato, Cucumber, House Dressing, Craisins | **4.75**
Add: Chicken | 4.25

Caesar

Chopped Romaine, House Croutons, Parmesan Cheese | **5.50**
Add: Chicken | 4.25

California Cobb

Mixed Greens, Grilled Chicken, Chopped Bacon, Bleu Cheese Crumbles, Hard Boiled Egg, Tomato, Avocado, Choice of Dressing | **10.50**

Black & Blue & Yellow

Mixed Greens, Blackened Chicken, Marinated tomatoes, Chopped Bacon, House Dressing, Bleu Cheese Crumbles, Cheddar Cheese | **10.50**

Southern Fried Chicken Wedge

Wedge of Iceburg Lettuce, Buffalo Crisp Chicken Tenders, Hard Boiled Egg, Tomato, Chopped Bacon, Cheddar, Buttermilk Ranch | **10.25**

Cheeseburger Salad

Mixed Greens, Burger Patty*, Tomato, Shredded Cheddar, Creamy Bleu Cheese Dressing, Pretzel Croutons | **10.00**

PoW Sundae Salad

Mixed Greens, Topped with a Scoop of House made Chicken Salad, Tuna Salad and Potato Salad, Tomato, Red Onion, House Dressing | **10.75**

Soups

Housemade Soups

	Cup / Bowl	
Chicken Noodle	4.75	6.00
Tomato Cheddar Bisque	4.75	6.00
Southwest Chili	5.75	7.00
Soup of the Day	4.75	6.00

Also Available To-Go by the Quart!

Soup | 9.00
Chili | 11.00

PoW Soup COMBO

House or Caesar & Soup | 9.00

Grilled Ham & Cheddar with Tomato Cheddar Bisque | 10.50



Sandwiches

All Sandwiches and Wraps Served with Crisp Half-Sour Pickle & Choice of 1 Side.

(Sub Pretzel Bun 1.25, Gluten Free Bun or Bread 2.25)

Texas-Arizona Chicken

Chili-Lime Grilled Chicken, Bacon, Melted Cheddar, Housemade Guacamole, Chipotle Sauce on Texas Toast | **9.50**

The Cubano

Ham, Roasted Pulled Pork, Genoa Salami, Swiss Cheese, Pickle, Spicy Mustard, Pressed Hoagie Roll | **9.50**

Triple Roasted Beef on Wry

House Roasted Beef, Beer Braised Onions, Roasted Red Pepper, Provolone, Roasted Garlic Mayo, Lettuce, Tomato, Grilled Rye Bread | **9.25**

Pretzel Pastrami

Hot Pastrami, Cheddar Cheese, Lettuce, Tomato, Red Onion, Creamy Horseradish Mustard, Pretzel Bun | **9.50 Add Bacon .75**

Bruschetta Chicken

Herb-Grilled Chicken Breast, Tomato Bruschetta Topping, Provolone, Roasted Garlic Mayo, Focaccia Roll | **9.50**

PoW Ultimate BLT

Grilled Sourdough, Mayo, Cheddar, Lettuce, Tomato, Bacon
Add: House Roasted Turkey, Chicken Salad, or Tuna Salad 1.00, Cheese .50 | **8.50**

Pastrami on Wry

Hot Pastrami, Swiss Cheese, Spicy Mustard, Grilled Rye Bread | **9.50**

PoW Melt

Choice of House made Chicken Salad or Tuna Salad, Melted American Cheese, Bacon, Lettuce, Tomato, Honey Mustard, Grilled Pretzel Bun | **9.50**

BBQ Pulled Pork

House Roasted Pulled Pork, Smoked BBQ Sauce, Peppers, Pickled Onions, Cheddar Cheese, Grilled Texas Toast
Add: Signature Slaw .50 | **9.50**

Reubens & Rachels

Choice of Corned Beef, Pastrami, Turkey or Roast Beef. **Both** with Housemade 1000 Island, Imported Swiss on Grilled Rye

Reubens made with Sauerkraut **Rachels** made with Signature Slaw | **9.75**

Triple Decker LI Express

Housemade Roast Beef, Oven Roasted Turkey, Pastrami, Swiss, Signature Cole Slaw, Provolone, 1000 Island, Grilled Rye Bread | **11.00**

PoW Philly

Grilled Shaved Ribeye, Mushrooms, Peppers, Onions, American Cheese on a Hoagie Roll | **10.25**

The Manchester Road Race

Warm House Roasted Turkey, Avocado, American Cheese, Baby Spinach, Tomato, Cranberry Mayo on Focaccia | **9.75**

Meatball Grinder

House made Meatballs, Provolone, Marinara, Roasted Red Peppers, Hoagie Roll | **9.50**

PoW Egg Salad

House made Egg Salad, American Cheese, Lettuce, Tomato on Grilled Sourdough | **7.00**

PoW Grilled Cheese

American and Cheddar Cheese, Tomato on Grilled Sourdough | **8.50**

Pretzel Grilled Chicken

Herb Grilled Chicken, American Cheese, Lettuce, Tomato, Bacon, Honey Mustard on Pretzel Bun | **9.50**



Belly Busters

Served with Choice of 2 Sides

Rockafella

Our Belly Busting Version of a Reuben with Corned Beef and Pastrami, Grinder Roll | **11.75**

Pastrami & Corned Beef Melt

Pastrami and Corned Beef Piled High, Yellow Mustard, Pickle, Provolone, American, Grilled Grinder Roll | **11.25**

P.S. I Luv U

Salami, Ham, Smoked Turkey, Roast Beef, Provolone, American, Swiss, Lettuce, Tomato, Peppers, Mayo, House Dressing, Grinder Roll | **13.25**

Burgers & Dogs

Our Ground Beef is Ground Fresh Daily

All Burgers & Dogs Served with Crisp Half-Sour Pickle & Choice of 1 Side.

Substitute Pretzel Bun 1.25, Gluten Free Bun 2.25

Patty Melt Burger*

Swiss on the Top, American on the Bottom, Grilled Onion, House 1,000 Island, Grilled Rye | **9.25**

BBQ Bacon Burger*

American Cheese, Bacon, Smokey BBQ Sauce, Ranch Dressing, Kaiser Roll | **9.25**

Traditional Burger*

Cheddar, Grilled Onions, Lettuce, Tomato, Potato Sticks | **9.00**
Add Bacon | 1.50

The Warren Knoll Burger*

1 Over Easy Egg*, Grilled Onions, Bacon, Kaiser Roll | **10.00**

Turkey, Avocado & Swiss

Turkey Burger, Avocado, Swiss, Lettuce, Tomato, Kaiser Roll | **9.00**

Pretzel Burger*

Bacon, Mushrooms, Swiss Cheese, Spicy Mustard, Pretzel Bun | **9.00**

Manchester Express Dog

10" Bogner All Beef Hot Dog, Chili, Cheddar, N.E. Style Hot Dog Bun | **8.00**

Grilled Wraps

C-A-BLT

Bacon, Lettuce, Tomato, Avocado, American Cheese, Mayo, Spinach Wrap | **9.25**

Horsey Roast Beef

House Roasted Beef, Horseradish, Grilled Red Onion, Swiss, Lettuce, Tomato, Spinach Wrap. Served Hot or Cold | **9.00**

Manchester Cheese Steak

Grilled Shaved Ribeye, Mushrooms, Peppers, Onions, American Cheese, Wheat Wrap | **9.50**

Corned Beef & Pastrami Randle

Corned Beef, Pastrami, Provolone, Slaw, Swiss Cheese, Spinach Wrap | **9.50**

Julio Caesar Wrap

Grilled Chicken, Chopped Bacon, Chopped Romaine, Tomato, Parmesan Cheese, Caesar Dressing, Spinach Wrap | **10.00**

Veggie Wrap

Spinach, Tomato, Cucumber, Raw Onion, Broccoli, Mushroom, Wheat Wrap | **9.00**

Turkey Sierra

House-Roasted Turkey Breast, Lettuce, Tomato, Chipotle Sauce, Cheddar, Avocado, Wheat Wrap | **9.00**

PoW Ranch Chicken

Crispy Chicken Tenders, Buffalo Sauce, Bacon, Buttermilk Ranch, Cheddar, Lettuce, Tomato, Wheat Wrap | **9.50**

Fries, Sides & Things

Choice of Sides

1 included with Sandwiches, Dogs, Burgers & Wraps
2 with Belly Busters

A La Carte | 1.25

Red Bliss Potato Salad
Macaroni Salad
House Made Potato Chips
Marinated 4-Bean Salad
POW's Vinegar Slaw
Half-Sour Pickles
Baked Mac & Cheese.....5.00
Fruit Salad.....2.00

Fries

Plain 3.25
Garlic Parmesan 3.75
Cool Ranch 3.75
Cajun 3.75
Sweet Potato with Cranberry Mayo 4.25
Onion Rings..... 5.25

THOROUGHLY COOKING MEAT, POULTRY, SEAFOOD, SHELLFISH AND EGGS REDUCES THE RISK OF FOOD BORNE ILLNESS
* denotes an item that may be served raw, undercooked, OR contains or may contain raw or undercooked ingredients

Omelets & Things

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Breakfast All Day

Served with PoW's Hash Fries & Choice of Toast.
Sub Egg Whites or Beaters | .75

Vegetable Madness

Egg Whites, Broccoli, Tomato, Spinach, Green Peppers, Mushrooms, Salsa | **8.50**

CB Hash

Corned Beef Hash, Swiss | **8.00**

Cordon Bleu

Crisp Chicken, Ham, Swiss, Mozzarella, Honey Mustard | **8.00**

Southwest Scramble

3 Eggs, Green Peppers, Grilled Onion, Cheddar, Jack Topped with Avocado and Salsa | **8.00**

Corned Beef & 3 Cheese

Shredded Corned Beef, Mozzarella, Swiss, American | **8.50**

Triple Meat Scramble

3 Eggs, Bacon, Ham, Sausage, American Cheese | **8.00**

Denver

Ham, Green Pepper, Grilled Onion, American | **7.50**

The JR

5 Egg Whites, Topped with 2 Over-Easy Eggs* | **8.00**

Crispy Chicken & Avocado

Shredded Crispy Chicken, Bacon, Mozzarella, Avocado | **8.00**

Red Potato

Roasted Red Potatoes, Broccoli, Bacon, Cream Cheese, Ranch Dressing | **7.75**



Egg Beaters, Shredded Turkey, Turkey Bacon, Lite Cheddar, Tomato, Guacamole | **8.00**

Pastrami & Swiss

Pastrami, Grilled Onion, Green Pepper, Swiss | **7.50**

Willie's Steak

Shaved Ribeye, American Cheese, Caramelized Onions | **8.50**

Baja

Housemade Chili, Guacamole, Salsa, Chipotle, Cheddar | **8.00**

Polish Princess

Janik Kielbasa, Swiss, Crisp Hash | **7.75**

Spinach, Broccoli & Feta

Tomato, Spinach, Broccoli, Feta | **7.50**

BTSS

Bacon, Tomato, Spinach, Swiss | **7.50**

EGGS

1 egg 3.50
2 eggs 4.25

3 eggs 5.25
4 eggs 6.00

Any Style*
with Toast & Hash Fries
Sub Fruit for Hash | 1.50

POW Pancake House ~ Fluffy Buttermilk Pancakes

Flavors	Short Stack	Full Stack
Plain	3.50	6.00
Reese's Peanut Butter	4.25	6.50
Chocolate Chip Cookie	4.25	6.50
Cinnamon Sugar & Apple	4.25	6.50
Double Blueberry	5.00	8.00
Elvis (Banana, Chocolate, Peanut Butter) ...	4.25	6.50
Strawberry Banana	5.00	8.00
Chocolate Chip	4.25	6.50
Caramelized Banana	4.25	6.50

French Toast

	one	three
Texas Toast	2.50	7.25
Berry Galore	3.50	9.00
Stranos' Cinnamon Raisin	2.75	6.75
Banana's Foster	3.00	8.00

Pastrami's Hashes

Crispy Grilled Housemade Custom Hashes,
2 Eggs Any Style*, Choice of Toast

Traditional Corned Beef

Chopped Corned Beef,
Potatoes, Peppers & Onions
| **9.00**

Turkey & Apple

Our Hash Blend, Shredded
Roasted Turkey, Caramelized
Apples, Cheddar Cheese
| **9.00**

Veggie

Our Hash Blend, Broccoli,
Mushroom, Peppers, Sliced
Tomato, Sautéed Spinach
| **8.25**

Breakfast Sandwiches & Things

Served with "Hash Fries"
Sub Fruit for Hash | **1.50**

Monte Cristo

Fried Egg*, Maple Syrup, Ham,
Swiss, Texas Toast, Battered & Fried
| **8.00**

Cross Southie

2 Fried Eggs*, Corned Beef Hash,
Swiss, Grilled Rye | **7.50**

Avocado & Turkey Bacon Wrap

Scrambled Egg Whites, Turkey
Bacon, Cheddar, Avocado, Wheat
Wrap | **8.00**

Breakfast Pretzel

2 Egg Omelet, Sausage, Bacon,
Cheddar, Grilled Pretzel Bun
| **7.75**

Breakfast Pastrami on Wry

Pastrami, Fried Eggs*, Swiss Cheese,
Grilled Rye | **7.75**

Breakfast Wrap

Scrambled Eggs, Cheddar Cheese,
choice of Bacon or Sausage, Salsa,
Wheat Wrap
Make it a **Santa Fe Ranchero**
with Chipotle, Chili, Guacamole,
Sour Cream-1.50 | **8.90**

Cross Bronx

Fried Eggs*, Crisp Hash, Cheddar,
Ham, Asiago Bagel
| **7.75**

Breakfast BBBBLT

Fried Eggs*, Crisp Hash, Cheddar,
Ham, Asiago Bagel | **8.50**

Hungry-Man-Chester

3 Eggs*, Bacon, Sausage, Texas-Style
French Toast, Pancake, "Hash Fires",
Toast | **10.00**

Extra's

Corned Beef Hash	4.25
Bacon	3.00
Sausage Links	3.00
Crisp Virginia Ham	3.00
Hash Fries	1.50
Turkey Bacon	3.00
Turkey Sausage	3.00
Kielbasa	4.00
Avocado	1.50
1 Egg*	1.00
2 Eggs*	1.75
Fruit	3.50

Egg Sandwich \$6.50

2 Eggs Any Style*, Choice of Meat
(Bacon, Sausage, Ham, Turkey), Cheese, And Bread or Grilled Wrap

All Omelets, Eggs, Hashes & The Hungry-Man-Chester

COME WITH CHOICE OF TOAST, WHEAT, RYE, WHITE, RAISIN
0.75 EXTRA ENGLISH MUFFIN, GRILLED HARD ROLL, GRILLED
ASIAGO BAGEL WITH CREAM CHEESE, PRETZEL BUN

GLUTEN FREE BUN OR BREAD \$2.25